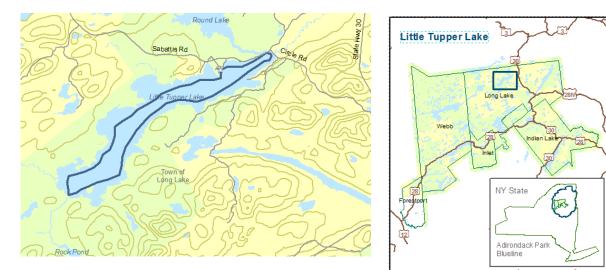


## Scenic and Destination Paddling Waterways Central Adirondack Association Region

Little Tupper Lake Put in & Take out: Whitney Wilderness boat access parking lot

Paddling time: varies

Portages: none



The Whitney Wilderness area's Little Tupper Lake and Round Lake were recently opened to the public by way of state purchases (1998 & 2007). Little Tupper Lake is the largest motor-less lake in the Adirondack Park.

This is a beautiful area with plentiful wildlife, particularly loons. Numerous first come first served campsites are available, some island campsites. Note that it doesn't take much wind on Little Tupper to create large waves and whitecaps.

You can paddle directly into Round Lake for a day trip or an overnight stay. Or you can head over to Rock Pond from the other end of Little Tupper. About a ¼ mile carry is required to avoid small rapids and rocky areas that are impossible to paddle.

For the really adventurous wilderness paddler, one can travel via streams and portages over to Lake Lila from Rock Pond. The nearly 12 miles indicated is the roundtrip length of the lake from the parking lot/beach to the access points to Rock Pond and to Round Lake, then back to the beach.



This paddle recommended by Raquette River Outfitters, store locations in both Tupper Lake and Long Lake NY.

Be a Safe and Respectful Paddler

New York State Law requires all boats and canoes must carry a US Coast Guard approved wearable personal flotation device (PFD) for each person. State law also requires that children must be wearing a PFD, and highly recommend that all occupants wear a PFD.

DEC Emergency Dispatch number for the Adirondack Park: 518-891-0235 General Emergencies: dial 911 Remember, cell phone coverage is not reliable in the Adirondack Park.

- Insect repellent is a must from May to August.
- Plan ahead and prepare.
- Let someone know where you will be going and when you expect to return.
- Pack gear, clothing and supplies in waterproof containers. Bring a map and compass.
- Carry water and high-energy foods.
- Pack in, pack out.
- Use outhouses where available, otherwise dig a 6-8 inch hole 150 feet from water, trail or road.
- Protect your food. Protect the wildlife.
- Leave rocks, plants, natural objects as you find them.
- Fallen trees (sweepers), debris, beaver dams, other obstructions can suck you down and hold you under water.
- Water is typically 25° colder in the Adirondacks than downstate.
- Drinking water should be treated by filtering, boiling or chemical method.
- Allow four times the time for a portage, that you would allow for walking that given distance.

Visit the American Canoe Association at <u>http://www.americancanoe.org</u> for information on safety resources, preparation and responsibility while paddling.

Enjoy the diverse beauty of our region.

Thanks for using <u>www.ADKtrailmap.com</u>, enjoy your canoe or kayak adventure!